Introduction for App:

Welcome to our website! With the incidence of cancer at an all-time high, it is imperative to learn about the associated risk factors in order to be better equipped to take proactive measures. According to the United States National Institute of Health (NIH), an estimated 1,735,350 new cases of cancer will be diagnosed in the U.S. each year and 609,640 people will die from the disease in 2018 alone. Cancer is the second leading cause of death in the U.S., and scientists predict that as the current population continues to age, these numbers will dramatically increase. This will have a major impact on many realms of society, including economics. The NIH reported that in 2017, national expenditure for cancer care were $147.3 billion, and this number is also likely to increase in coming years. Given the sad reality of this data, action is required. The good news is that a substantial proportion of cancer risks can be significantly mitigated. A study conducted by The World Cancer Research Fund concluded that up to one-third of cancer causes in economically developed countries like the U.S. are related to factors such as being overweight, obese, having a sedentary lifestyle, smoking, and heavy drinking.

It is often said that knowledge is power, and that is very true in the case of mitigating many cancer risks that concern lifestyle choices.

important to know the risk factors associated with these diseases

A risk factor is anything that affects your chance of getting a disease such as cancer. Different cancers have different risk factors. Some risk factors, like smoking, can be changed. Others, like a person’s age or family history, can’t be changed.

But having a risk factor, or even many, does not mean that you will get the disease. And some people who get the disease may not have any known risk factors.

Researchers have found several risk factors that might increase a person’s chance of developing [colorectal polyps or colorectal cancer](https://www.cancer.org/cancer/colon-rectal-cancer/about/what-is-colorectal-cancer.html).